

CCO Advisory Councils
Report to the Governing Board
March 2016

## Community Advisory Council (CAC):

The Community Advisory Council (CAC) met on Monday, March 28<sup>th</sup> at Lane County Youth Services. Pedro Pacheco, from NAMI Lane County, gave public comment. He announced that NAMI will be participating in NAMI Walks, a 5 K held in Portland on Sunday May 15<sup>th</sup>. He distributed the NAMI newsletter as well.

Bruce Able gave the Transformation Plan presentation. He shared the history and successes of Trillium's behavioral health/physical health integration efforts.

Dr. Rick Kincaid and Dr. Collen Connelly presented on the opioid prescribing guidelines. Dr. Kincaid discussed the dangers of opioid use and the growing epidemic of overdoses. He shared the use and overdose rates. Dr. Connelly explained Trillium's approach to decreasing the use of opioids and increasing access to other pain management strategies. There were many questions and concerns. It is likely that this discussion will be ongoing.