



CCO Advisory Councils Report to the Governing Board September 2015

Community Advisory Council

The Community Advisory Council met on Monday, September 28th in the Carmichael room at Lane County Youth Services.

Paige Hamm shared the results of the focus group that was held during last month's meeting. The CAC members had been asked to speak about two questions:

1. Tell about a time that you felt good about your interactions with Trillium staff, providers or a member that helped you to achieve better health?
2. What do we do well at Trillium OR how can we work to better support our members in achieving their health goals?

Paige explained the next steps and defined what was meant by "vision" and "mission" so that CAC could be prepared to work on crafting statements at the next meeting.

Char Reavis (chair of the RAC), Michelle Cady of Cornerstone and Kenny LaPoint, Housing Integrator with Oregon Housing Authority gave a presentation about health and housing. They pointed out that housing, or the lack of it, can have a huge impact on health. Some of the reasons housing is key to health are:

- Housing provides physical safety, protection and access to basic needs.
- Housing provides clean, dry, safe home reduces exposure to harsh weather, communicable diseases, infections, injury.
- Housing provides a secure place to sleep and store food, clothing and medications and is essential to promoting personal hygiene and recuperating from illness.

Cornerstone and HACSA are working on innovative ways to integrate health and housing thanks to a grant from Trillium. The grant is funding the following services:

- Cornerstone Community Health Workers (CHWs) will deliver on-site health and wellness supports at the front door of at-risk, low-income populations; provide direct programming, incentives, and transportation.
- Trauma Healing Project (THP) will provide increased care and targeted health and wellness supports to the residents with highest needs.
- Pacific University of Oregon (PUO) practicum students will assist with tracking both qualitative and quantitative data to show outcome results of the pilot project. We anticipate 1-2 students to commit up to 14 hours per week.

(The slides from the presentation are available.)